



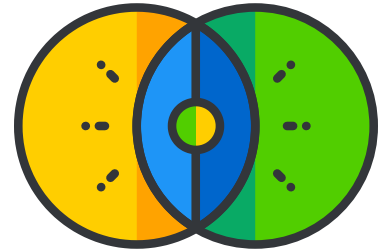
# Journey of Collaboration Path Forward

The purpose of this project is to give voice to the Mi'kmaw community of Western NL to create a framework and action plan to co-design health and wellness strategies, services and programs, to address calls to action outlined in the Truth and Reconciliation Commission of Canada. This will build upon Western Health's Person and Family Centered Care (PFCC) strategy and L'nu priorities.

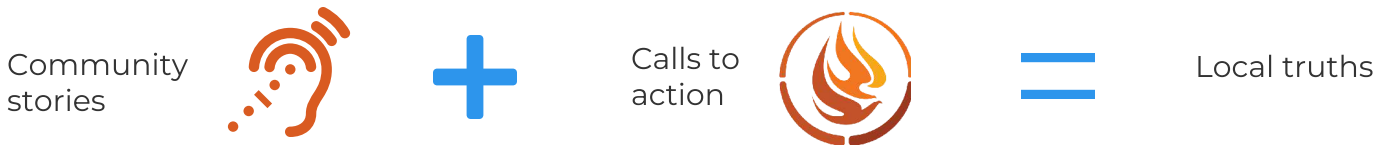
## Community Participation

Approach named Etuaptmumk, or two-eyed seeing in engagement:

- 2020, 2021, 2022 & continuing to ensure community is heard.
- Community network support to meet community where they are.
- Build relationships, trust and understanding.
- Value community voices, time and truth.



## Truth



1. Western Health serves Indigenous communities
2. The current state of Mi'kmaw health is a direct result of government policies
3. Cultural practices are required to heal community
4. Data and information is needed to understand and eliminate gaps
5. Truth and Reconciliation involves ongoing education for everyone
6. Project participation depended on one's recent relationship with the health authority
7. The next steps require a shift in perspective to share, include, and collaborate with Indigenous people

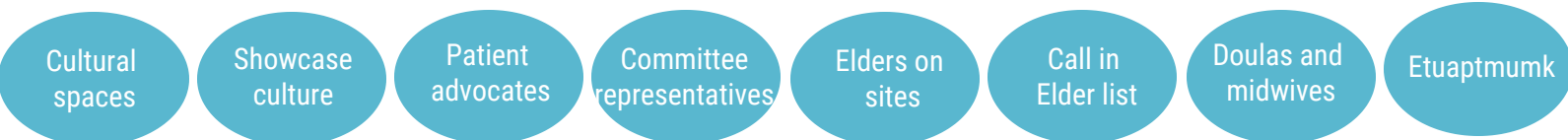
## Reconciliation

Three framework principles set the foundation for interactions between the health authority and community to co-design health and wellness strategies for Indigenous people. The framework principles, followed by community recommendations for next steps are:

**1. Share** health education and programs so individuals can live a healthy, preventative lifestyle.



**2. Include** culture so individuals are supported in a mixed health journey.



**3. Collaborate** to offer accessible care close to home.



Review full report [here](#) , visit <https://bit.ly/3WboalH> or scan QR code below:

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This project is a partnership between:

