

OUTPATIENT BLOOD COLLECTION SERVICES

Bonne Bay Health Centre

P.O. Box 70, Norris Point, NL A0K 3V0

Tel: (709) 458-2211 (option 7)

Hours of Operation: 8:30 am - 4:30 pm

Calder Health Centre

P.O. Box 190, Burgeo, NL A0N 2H0

Tel: (709) 886-2898, ext. 30

Hours of Operation: 8:30 am - 4:00 pm

Deer Lake Clinic

4 Clinic Drive, Deer Lake, NL A8A 1E3

Tel: (709) 635-3541

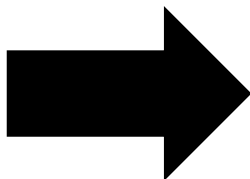
Hours of Operation: 8:00 am - 3:15 pm

Dr. Charles L. LeGrow Health Centre

P.O. Box 250, Port aux Basques, NL A0M 1C0

Tel: (709) 695-4529

Hours of Operation: 8:00 am - 3:00 pm



OUTPATIENT BLOOD COLLECTION SERVICES

Rufus Guinchard Health Centre

P.O. Box 40, Port Saunders, NL A0K 4H0

Tel: (709) 861-3139 (option 5)

Hours of Operation: 9:00 am - 4:00 pm

Sir Thomas Roddick Hospital

142 Minnesota Drive, Stephenville, NL A2N 2V6

Tel: (709) 643-5111, ext. 246

Hours of Operation: 7:30 am - 3:30 pm

Western Health Clinic

3 Herald Avenue, Corner Brook, NL A2H 4B8

Tel: (709) 637-6732

Hours of Operation: 7:30 am - 2:30 pm

LABORATORY ADMINISTRATION

Western Memorial Regional Hospital

1 Brookfield Avenue, P.O. Box 2005

Corner Brook, NL A2H 6J7

Tel: (709) 637-5000, ext. 5464

Hours of Operation: 8:00 am - 4:00 pm



Western Health

LABORATORY SERVICES

Collection of Midstream Urine for CYTOLOGY

(Without second bottle)

EFFECTIVE DATE:	NOVEMBER 13, 2017	REVIEW DATE:	11/13/2018
FORM #:	2272	VERSION:	1.0.2 CURRENT

Urine for cytology (voided) - specimen handling and collection instructions:

The specimen container contains a preservative. This preservative **must not** be emptied out.

NOTE:

- ◆ The preservative is HARMFUL if ingested.
- ◆ The preservative is HARMFUL if inhaled. (Open in well ventilated area)
- ◆ If preservative comes in contact with eyes rinse for 15 minutes under running water and seek medical attention.
- ◆ If preservative is swallowed seek medical attention.
- ◆ The preservative is HIGHLY FLAMMABLE, do NOT smoke near preservative.

1. Read the instructions carefully.
2. Do not collect first morning void. Collections should be approximately 3 hours after last void or second void of the day.
3. When the urge to urinate arises, wash and dry your hands thoroughly.
4. Remove the pink lid on the container provided by the laboratory and set it aside.
5. Pass a small amount of urine into the toilet.

6. Midway through urination, fill the container with an amount of urine equivalent to the preservative.

7. Finish voiding into the toilet.

8. Replace the lid and tighten firmly.

9. Wash and dry your hands thoroughly after collection.

10. Label the specimen container with: **(Please use a lead pencil only for marking the requisition and specimen bottles)**

- ◆ The patient's full name (printed in the same format as on the MCP card)
- ◆ MCP number
- ◆ Doctor's Name
- ◆ Date of Birth
- ◆ The date and time of collection of the sample
- ◆ Please **write "urine for cytology"** on specimen bottle.

11. For sanitary reasons, the container must be enclosed in the biohazard plastic bag provided by the laboratory.

12. Refrigerate the urine sample immediately and deliver to the out-patient clinic as soon as possible.

13. If multiple specimens are required, collect one per day on consecutive days. After the last specimen is collected, the samples and requisition must be returned to the out-patient clinic (in the plastic bag) A.S.A.P.

Refrigerate the urine sample IMMEDIATELY and deliver to the Laboratory as soon as possible after completion of the collection.

1. You **must** present your MCP and your Requisition to the Laboratory Personnel.
2. This test may be required to be performed as a single test, duplicate, or in triplicate. After each collection the sample and the requisition must be returned to the out-patient clinic.
3. Do not collect first morning urine. Collection should be approximately 3 hours after first urine or second urine of the day.