

Having a difficult time? Need to talk?



Youth Outreach Services

- Confidential support for youth ages 12 to 29.
- Support for parents, caregivers and/or service providers who work with youth.
- Someone to listen to your interests & concerns.
- Someone to offer recreational & social programs.
- Someone to help connect you to services & other supports.
- Someone to talk to about:
 - Alcohol & Drugs
 - Relationships
 - Stress
 - Safer Sex
 - Decision Making
 - Conflicts
 - Anger
 - Self Esteem
 - Any Mental Health Issue

We're here to help

Port aux Basques & Area	695-6901
Stephenville & Area	643-4595
Corner Brook & Area	634-4171
Norris Point & Area	458-2381 ext.271