

Mental Health & Addiction Services

More options when you need them.

Burgeo
886-2185

Deer Lake
635-7830

Port aux Basques
695-6250

Norris Point
458-2381

Stephenville
643-8740

Port Saunders
861-9125

Corner Brook
Adult
634-4506

Corner Brook
Children & Youth
634-4171



Rapid access to counselling services 'one session at a time'. Call the office in your area to discuss available options.

Opioid Dependence Treatment & Naloxone

Corner Brook Hub: (709) 634-4506

Stephenville Hub: (709) 643-8740

Telehealth available throughout the region.

FREE Naloxone Kits at your local MHA office.

A full listing of specialized Mental Health & Addiction Services can be found [here](#).

Hospitals & Health Facilities

A full listing of Western Health facilities can be found [here](#).



Youth Outreach Services

Port aux Basques & Area: 695-6901

Stephenville & Area: 643-4595

Corner Brook & Area: 634-4171

Bonne Bay & Area: 458-2381 ext. 271

Prevention & Promotion Services

Addictions Prevention: 634-4921

Mental Health Promotion: 634-4927

WesternHealth.nl.ca/MHA

*Best-practice information, resources, & programs
Request presentations, resources & print material*

Bridge the gapp

Mental health information, interactive resources and connection to local supports & services at:

www.bridgethegapp.ca

CheckItOutNL.ca

Online Self-Screening Tools – Anytime, anywhere.

You are not alone. We're here to help.
For immediate help, call 911 or go to your local Emergency Department.

