



TRANSESOPHAGEAL ECHOCARDIOGRAM (TEE)

Patient Information

24 hour Adult Supervision Required after this procedure.

What is a Transesophageal Echocardiogram?

An Echocardiogram (Echo) is a test that uses sound waves to take pictures of the structures of your heart.

A Transesophageal Echocardiogram (TEE) is a specialized type of Echo. A small probe is placed through your mouth into your esophagus (food tube). This area is directly behind your heart. Doing an Echo in this area gives your doctor a clearer picture of the heart . . . especially the heart valves and chambers.

Your test will be done in the X-Ray Department on the main floor of Western Memorial Regional Hospital.

You will be asked to lie on a stretcher on your side. Your heart rhythm will be monitored (like having an ECG done).

Before the test your throat will be sprayed with a local anesthesia (freezing). You may also receive medication to help you relax. This is given through a vein in your hand or arm.

Your TEE will take about 15 minutes . . .
but you will have to stay in the Recovery Room for about an hour after test.

Getting Ready;



Hold warfarin 5 days prior to test

- To prepare for your test, you must **not** have anything to eat or drink for **8 hours** before your appointment. If you are taking any medications, continue these with a small sip of water.
- Warfarin has to be held for 5 days prior to test.
- Be sure to have another adult come with you to drive you home. You will **not** be allowed to drive after the test. **Adult supervision required for 24hours after the procedure.**
- Register in the Outpatient Department at 0715 a.m., and then proceed to Medical Imaging Department (X-ray Department) to register at 0730.

Your Appointment

Date of Appt: _____

Time: _____

*If you have to cancel or change your
appointment, please call us at: 639-9181*

