



Community Health Needs and Resources

Community Asset Listing: Port aux Basques Area

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Introduction

Port aux Basques is a town at the extreme southwestern tip of the island of Newfoundland. It is the largest town and is the main service center for surrounding areas including Codroy Valley, Burnt Islands, Rose Blanche, Isle Aux Morts and LaPoile. Port aux Basques is recognized as the Gateway to Newfoundland with the Marine Atlantic ferry being one of the main modes of transportation to the mainland. Community assets include anything that can be used to improve the quality of community life. It is recognized that while this listing may not include every community asset, it should provide an overview of the major assets available within a health region, with a focus on health and community resources that support individuals and communities in maintaining a safe and healthy environment. Please find below the community assets summary of the Port aux Basques Primary Health Care (PHC) area.

Community Assets Listing

Health Related Assets

The Dr. Charles L. Legrow Health Centre is located in Port aux Basques and provides many of the essential health care services from South Branch to Lapoile. It provides Emergency, Acute and Long Term Care, Medical Services, Radiology, Laboratory, Outpatient, Chemotherapy, Dialysis, Physiotherapy, Occupational Therapy, and Dietetics and Diabetes services. MP Place provides services for Population Health, Mental Health and Addictions, Community Supports, Speech and Language, Behaviour Management Specialist and Child Management Specialist. As well, there are two rural medical clinics located in Rose Blanche and Doyle's that provide physician/nurse practitioner services, blood collection and community health nursing services (Community Supports and Public Health). Port aux Basques has six fee for service physicians, and three salaried physicians who work out of Legrow Health Centre and service Doyle's clinic.

Other health related services located in Port aux Basques include a dental clinic, physiotherapy clinic, massage therapy, two pharmacies in Port aux Basques and one at Doyle's clinic. There is technology available so that the patients can access services in another area via telehealth. These services include, but are not limited to Oncology, Psychology, and Wound care. There are a few support group in the area which include Aim (Autism Involves Me), Lighthouse Peer Support Group, and Alzheimer Support group.

Legrow Health Centre has a thirty bed long term care unit. The facility has a recreation department that provides activities for the residents as well as a daycare program for residents in the outlying communities. Transportation is provided for the day care program via a wheelchair accessible bus. As well, there are senior cottages and a senior's complex located next to the hospital. In addition there are two personal care homes in the area. One is located in Port aux Basques and the other in Codroy Valley. There are no meals on wheels services available in the area, however, there are many church groups and volunteer organizations that provide meals on special occasions.

The community of Port aux Basques is 219 km from Western Memorial Regional Hospital in Corner Brook which is the major tertiary care site for the Western region. The following is in summary of the services available at the hospital.

Table 1: Health Related Assets

Health Asset	Community
<p>Legrow Health Centre</p> <ul style="list-style-type: none"> • 14 Acute Care beds • 30 Long term care beds • Medical Services (2 Salaried Physicians) • Nursing services • Emergency Care Services (24 hr Coverage) • Adult Day Support Program • Ambulatory Care Services (includes Chemotherapy & Dialysis) • Laboratory & Diagnostic (Including Ultrasound) • Recreation Therapy & Outreach • Social Work • Physiotherapy • Occupational Therapy • Pharmacy Services • Speech/ Language • Clinical Dietician • Telehealth Consultation (Equipment at Legrow Health Centre and MP Place) 	<p>Port aux Basques</p>
<p>Population Health</p> <ul style="list-style-type: none"> • Community Health Services (Community Health Nursing – Public Health & School Health; Child Management Specialist, Speech Language) • Community Support Services (Community Health Nursing, Social Work And Behaviour Management Specialist) • Mental Health and Addictions (Counselor/Social Worker , Community Mental Health Case Manager Nurse, Community Mental Health Support Worker) 	<p>Port aux Basques – MP Place</p>

Health Asset	Community
Rural Medical Clinics <ul style="list-style-type: none"> • Physician/ Nurse Practitioner Services (2 days a week in Doyle's and once a month Rose Blanche) • Community Health Nursing Services- Public Health and Community Supports • Blood Collection 	Rose Blanche and Doyle's
Traveling Clinics <ul style="list-style-type: none"> • Audiology (monthly) • Chiropractor - Travel clinics based out of Stephenville and Corner Brook 	Port aux Basques – MP Place Port aux Basques
Support Groups <ul style="list-style-type: none"> • Lighthouse Peer Support Group • Autism is me (AIM) • Alzheimer Support Group 	Port aux Basques
Pharmacies	Port aux Basques, Doyle's
Seniors Apartments /Personal Care Homes Affordable Housing Units	Port aux Basques , Grand Codroy
Physiotherapy - Private	Port aux Basques
Optometrist – Private	Port aux Basques
Dentist - Private	Port aux Basques

Emergency Related Assets

Emergency health Services such as volunteer fire departments are scattered throughout the Port aux Basques area. The hub of the services, such as the Emergency Department at LeGrow Health Centre, RCMP, ambulance service and Canadian Rangers are located in Port aux Basques. Canadian Rangers are adult members of the Canadian Armed Forces who live in remote and isolated communities of Canada. They are part-time reservists who are responsible for protecting Canada's sovereignty as well as defending her coastal interests. (<http://www.army-armee.forces.gc.ca/en/canadian-rangers/faq.page>) Table 2 below provides a listing of emergency related assets by community for the Port aux Basques Area.

Table 2: Emergency Related Community Assets

Emergency Asset	Community
RCMP	Port aux Basques
Mackenzie Ambulance	Port aux Basques, Doyle's
Port aux Basques Volunteer Fire Department And Firettes	Port aux Basques
Canadian Rangers	Port aux Basques
Rose Blanche Volunteer Fire Department	Rose Blanche
Burnt Islands Volunteer Fire Department	Burnt Islands
Isle Aux Morts Volunteer Fire Department	Isle Aux Morts
Codroy Valley Volunteer Fire Department	Codroy Valley
Cape Ray Volunteer Fire Department	Cape Ray
Margaree/Fox Roost Volunteer Fire Department	Margaree/Fox Roost
Lapoile Volunteer Fire Department	Lapoile

Churches

Religion has played a vital role in each of the small towns that make up the southwest corner of the island. Table 3 below provides a listing of churches by community for the Port aux Basques Area.

Table 3: Churches

Denomination	Church	Community
Roman Catholic	St. Michaels	Port aux Basques
	St. Sylvester's	South Branch
	Church of the Precious Blood	St. Andrews
	St. Anne's	Upper Ferry
Anglican	St. James	Port aux Basques
	St. Paul's	Port aux Basques
	St. Michael's All Angels	Rose Blanche
	St. Georges	Burnt Islands

Denomination	Church	Community
	St. Thomas	Lapoile
	Holy Spirit	Ilse aux Morts
	St. John the Evangelist	Cape Ray
	St. Augustine's	Margaree/ Fox Roost
	Holy Trinity	Codroy
United	Wesley United Church	Port aux Basques
Pentecostal	Faith Pentecostal Tabernacle	Port aux Basques
Other	Salvation Army	Port aux Basques

Education

There are six secondary schools located in the Port aux Basques area and one Post-secondary facility. Two of the largest schools are located in Port aux Basques and the smaller outlying schools have multi-grade learning due to a decreased number of enrollment. The College of the North Atlantic campus in Port aux Basques has approximately 140 full time students in Continuing Education evening courses, and approximately 200 students register in contractual training programs. Table 4 below provides a listing of schools by community for the Bonne Bay Area.

Table Four: Schools

School	Type	Community
St. James Elementary	K-6	Port aux Basques
St. James Regional High School	Grades 7-12	Port aux Basques
Belanger Memorial	K-12	Upper Ferry
Douglas Academy	K-9	LaPoile
Grandys River Collegiate	K-12	Burnt Islands
Legallais Memorial	K-9	Isle aux Morts
College of the North Atlantic	Post-secondary/ Continuing Education evening courses	Port aux Basques

Early Learning and Childcare

Early learning and childcare is an essential part of healthy child development. In the Port aux Basques Area, the Community Education Network (CEN) operates a Healthy Baby Club that provides support to pregnant women and their families to help ensure a healthy pregnancy and

healthy newborns. They also support a Family Resource Centre in Port aux Basques that has two satellite sites located in Isle aux Morts and Burnt Islands. These programs provide fun and supportive environment for children from birth to age 6 and their parents/caregivers and Child Car Seat Safety clinics. Please refer to Table 5 for the listing of early learning and childcare assets by community for the Port aux Basques Area.

Table 5: Early Learning and Childcare Assets

Early Learning and Childcare	Community
Port aux Basques Family Resource Centre	Port aux Basques
Port aux Basques Area Healthy Baby Club	Port aux Basques
Kindergarten Readiness Program	Port aux Basques (St. James Elementary School)
Isle aux Morts Family Resource Centre	Isle aux Morts
Kindergarten Readiness Program	Isle aux Morts (Legallais Memorial)
Kindergarten Readiness Program	Burnt Islands
Port aux Basques Public Library	Port aux Basques
Codroy Valley Public Library	Upper Ferry

Community and Volunteer Organizations

Throughout the Port aux Basques Area there are a number of community and volunteer based organizations. The sense of community in the south west communities is remarkable and reflects in their volunteer work for their communities. Most towns have church associations, and recreation /leisure groups in addition to the following listed in Table 6

Table 6: Community and Volunteer Organizations

Community and Volunteer Organization	Community
Royal Canadian Legion and Ladies Auxiliary	Port aux Basques
Lions/ Lioness Club	Port aux Basques
Leo Club	Port aux Basques
Kinsmen Club	Rose Blanche
Odd Fellow's Lodge	Port aux Basques
Community Advisory Committee (services entire Port aux Basques Area)	Port aux Basques

Community and Volunteer Organization	Community
Dr. Charles L. Legrow Health Centre Hospital Auxiliary	Port aux Basques
Pentecostal Youth Group	Port aux Basques
Seniors Clubs (3)	Port aux Basques, Codroy Valley, Isle aux Morts
Knights of Columbus	Codroy Valley

Public Facilities

Port aux Basques is the main centre and most people travel there to attend to their shopping and banking needs as well as a variety of other services including hotels, restaurants, and retail outlets. Many people from the smaller communities have access to convenience stores and some seasonal restaurants but for the most part travel to Port aux Basques for their needs. As well, Port aux Basques has numerous convenience stores, bars, B&B's and restaurants. The Marine Atlantic ferry terminal terminal is located in the town which is the primary entry point onto the island of Newfoundland and the western end of the Trans-Canada Highway in the province. Consequently, many employment opportunities have been created with the Marine Atlantic access. Table 7 below provides an overview of the Public Facilities by community for the Port aux Basques Area.

Table 7: Public Facilities

Public Facility	Community
Marine Atlantic	Port aux Basques
Bank of Nova Scotia	
Bank of Montreal	
Port aux Basques Credit Union	
Stan Dawe	
St. Christophers Hotel	
Port aux Basques Hotel	
Shark Cove Suites	
Grand Bay Mall	
CBDC	
Coleman's Grocery	
Coleman's Furniture Store	
Notre Dame	
Shoppers Drug Mart	
The Medicine Cabinet	

Recreation and Leisure Facilities

There are a variety of recreation spaces throughout the Port aux Basques Area; most communities have access to a playground, soccer field, softball field, community or church hall, hiking/walking trails, and camp grounds. Table 8 list some highlights some of the physical facilities available in the area.

Table 8: Recreation and Leisure Facilities

Recreation and Leisure Facility	Community
Bruce II Sports Complex	Port aux Basques
Port aux Basques Ball field	Port aux Basques
Port aux Basques Multipurpose courts	Port aux Basques
Port aux Basques Soccer Field	Port aux Basques
J.T. Cheeseman Provincial Park	Port aux Basques (10km from Port aux Basques)
Grandy's River Collegiate Basketball Court and Ball Field	Burnt Islands
Codroy Valley Sports Complex	Upper Ferry

Recreation and Leisure Organizations

Access to recreation programs vary throughout the Port aux Basques Area. There are a few ongoing summer programs targeting children in the Port aux Basques Area, such as the Summer Day Camp offered at the Bruce II, as well as, open swim / family swim, swimming lessons all year long at the indoor pool. During the winter months there is an opportunity for the population to partake in hockey, curling figure skating etc. at the Bruce II as well. Table 9 below provides a listing of recreation and leisure by community for the Port aux Basques Area.

Table 9: Recreation and Leisure Organizations

Recreation and Leisure Organizations	Community
Port aux Basques Figure skating Club	Port aux Basques
Port aux Basques Minor Hockey	Port aux Basques
PAB district Girl Guides, Sparks , Brownies, Pathfinders And Rangers	Port aux Basques
St. James Cadet Corps	Port aux Basques
Community Advisory Community	Port aux Basques
Port aux Basques Soccer Association	Port aux Basques

Recreation and Leisure Organizations	Community
Port aux Basques Softball League	Port aux Basques
Gateway Curling Club (includes Adults, Juniors and Little Rocks)	Port aux Basques
Zumba Kids	Port aux Basques
Isle aux Morts Softball	Isle aux Morts

Other

The Port aux Basques Area has a rich history associated with the fishing industry. With the decline in this industry with the cod moratorium than many of the population has built businesses upon the tourism industry. According to the local websites approximately 300,000 people visit the area annually. As a result, other community assets have been developed to make such history and interest more readily accessible to the public and tourist. Such as the local lighthouses, museums and festivals that have preserved the unique history of the area. Table 10 on the next page provides a listing of other assets by community for the Port aux Basques area.

Table 10: Other Community Assets

Other Assets	Community
Cape Ray Lighthouse	Cape Ray
Codroy Valley Wetlands	Grand Codroy
Grand Bay West Beach Trail way	Port aux Basques
Harvey Trail	Isle aux Morts
Hook & Line Museum	Margaree
Port aux Basques Marine Excursions	Port aux Basques
Railway Heritage Centre	Port aux Basques
Rose Blanche Lighthouse	Rose Blanche
Scott's Cove Park	Port aux Basques
St. Andrew's Na Creige Golf Course	Port aux Basques
Port aux Basques Community Garden	Port aux Basques
Marine Excursions	Port aux Basques
Astrolabe Days	Port aux Basques
Codroy Valley Folk Festival	Codroy Valley

Conclusion

Port aux Basques is known as the hub of the southwest coast which comprises of nine communities from Grand Codroy to Lapoile. Its rich history in the fishing industry with an ice free port to the development of a railroad from St. Johns to Port aux Basques has provided the area with many industries to build upon over the years.

Most Primary Health Care and Emergency services are centrally located in Port aux Basques. This includes Dr. Charles L. Legrow Health Centre and two rural clinics, as well as several community based health services such as family physician clinics, pharmacies, dental clinic, physiotherapy, and chiropractor. MP Place houses the population health services which include Community Health, Community Health Supports, Mental Health and Addictions programming. There are volunteer fire departments scattered throughout the area and the ambulance is centrally located in Port aux Basques. There is also an ambulance in St. Andrews at all times. The RCMP and Canadian Rangers are centrally located as well in Port aux Basques.

The Port aux Basques Area includes six schools (kindergarten to Grade 12), many different churches, Family Resource Centre with two satellite sites, and multiple community volunteer organizations and committees. Many of the programs and services provided to the area such as town councils, fire departments, recreation committees, seniors clubs, sports and recreation programs, youth groups, support groups, etc. are supported by community volunteers.