

# Myths & Facts on Aging

Most people get dementia if they live long enough.

False! Dementia is not a normal part of aging.

Older people can successfully learn new technologies.

True! Older adults are of the fastest growing groups of purchasing computers, cell phones, etc.

The majority of older adults live in Long Term Care Homes.

False! According to the 2011 Census, only 8% of seniors live in Long Term Care facilities, while 92% live in private households.

