

# Visiting DOs and DON'Ts

***Do not visit a resident in long term care if you are feeling sick.***



Residents who are frail are not able to fight off infection as easily as healthy people. You may infect your relative or friend which can cause serious illness.

***Do clean your hands while in the Long Term Care Unit.***

Many infectious diseases are passed from person to person because people do not wash their hands.

You can protect yourself and your family from exposure to infection in Long Term Care by washing your hands, or using the hand sanitizers located on the walls on entry and exit from the Long Term Care Unit.



***Do not wear or bring in scented products or flowers (i.e. Lily).***



***Do supervise children at all times.***

Children are at increased risk of being exposed to disease while visiting. Sick children are more likely to accidentally spread their illness to someone else.



## Long Term Care General Visitor Guidelines



OUR VISION

The vision of Western Health is that the people of Western Newfoundland have the highest level of health and well being possible.

# General Visitor Guidelines

1. We believe visitors add to the comfort and quality of life of residents. Visitors are welcome at any time. Children are welcome but must be accompanied by an adult.
  2. We ask that visitors respect that there is a need for privacy for nursing care, treatment or procedures in a resident's room or bathroom, such as during the provision of personal care. The morning hours are when most resident care is provided although there may be other times throughout the day when privacy is required.
  3. When residents live in room with others, the need of the other residents must be respected, including the need for adequate rest. There are times when family members need privacy. Limited space is available for family and friends to use.
  4. During the admission process, patients, residents and their family members will receive written and verbal information on visiting.
  5. Restrictions to visiting include, but are not limited to:
    - requests by the resident or the next-of-kin to restrict visitors;
    - situations when the well-being of the resident may be compromised;
    - circumstances when the rights of other residents may be compromised;
    - visitor restriction to the facility for infection control purposes; or
    - events in which visitation would impede Western Health's ability to provide care for the residents.
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