

Pap Test Awareness Week 2016

Fast Facts

Pap Test Awareness Week is October 23 - 30, 2016.

"Stirrups are not just for cowboys..A regular Pap test can save your life!" will be the theme this year.

- Every woman should have routine Pap testing every three years. Women should start Pap testing at age 21.
- Unless your health care provider tells you otherwise have a Pap test once a year for 3 years in a row. If all results are normal; then you have a Pap test every three years.
- The age standardized incidence rate of Cervical Cancer for Canada is 8 per 100,000. In NL, it is 14 per 100,000.
- Pap testing detects precancerous and cancer at an early stage when treatment is more effective.
- Canadian Cancer Statistics (2015) reports a 2.3% decrease annually in the number of deaths from Cervical Cancer from 2001 to 2010 attributed largely to screening.
- The successful introduction of the HPV vaccine for girls is predicted to significantly decrease cervical cancer over the next 20 yrs.
- It is important that every woman discuss her Pap test routine with her health care provider.
- Approximately 10% of Pap test results are abnormal. It is important that all women have follow up after an abnormal Pap test.
- In Newfoundland and Labrador, only three out of five women have had a Pap test in the last 3 years. To reduce your risk you must be screened.
- From 2012 to 2014, over 80 women in NL were diagnosed with cervical cancer.
- In Canada, it is estimated that there will be 1500 new cases and 380 deaths due to cervical cancer annually (CCS 2015).

To learn more about Cervical Cancer Screening or to host an information session with your group or community, please contact the Provincial Cervical Screening Program at 1.866.643.8719.

