



Strategic Issue One: Mental Health Promotion and Addictions Prevention

Strategic Goal One: By March 31, 2020, Western Health will have enhanced mental health promotion and addictions prevention through the implementation of priority initiatives based on best practice.

Objective Year Two: By March 31, 2019, Western Health will have initiated implementation of priority initiatives to enhance mental health promotion and addictions prevention.

Indicator: Developed work plan for priority initiatives to support achievement of performance outcomes.

A work plan for year two was developed and monitored by the Regional Working Group to support the implementation of the following priority initiatives below.

Priority initiative (a)

To standardize the process for appropriate care and follow up for individuals presenting at an emergency department in a mental health or substance use crisis.



Quality improvement team established

for Corner Brook pilot project

Standard







New process developed to contact all referrals from emergency department within 72 hours to initiate service

Priority initiative (b)

To increase access to groups and peer support for family/caregivers of people with mental health and substance use issues.

A virtual platform was selected to increase access to groups and peer support for family/caregivers



Participants in **Rediscovering Hope** program

100%

of Family Ties participants reported that the group increase their support

Priority initiative (c)

To increase promotion of available mental health and addiction services and support.





Doorways program expanded to three days per week in **Corner Brook**