

We'll help you through this.



Doorways provides rapid access to mental health and addictions counselling services 'one session at a time' for youth and adults (12+). While most locations offer a walk-in service, some locations provide same-day, next day, or appointments by phone. If further counselling is required, staff will work with you to provide access to additional services and supports. To find a Doorways location near you, please call 811.

3-9 Barhaven Drive
Port aux Basques
695-6250
Thursday: 1-4:30 (last walk-in at 3:15)
Evening Appointment available upon request.

CALL
811
HEALTHLINE

to find out about mental health
and addictions programs and
services available in your area.

Doorways is not an emergency service.
In an emergency, call 911, the Provincial Mental
Health Crisis Line at **1-888-737-4668**, or proceed
to the nearest emergency department.

doorways